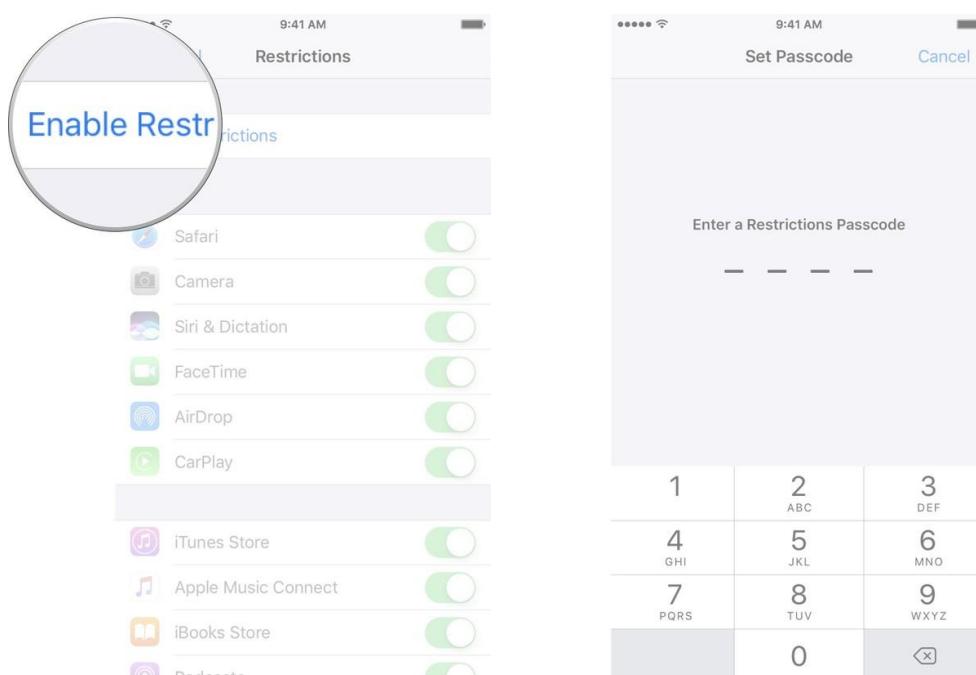


How to enable restrictions for iPhone and iPad

1. Launch the **Settings** app on your iPhone or iPad.
2. Tap on **General**.
3. Tap on **Restrictions**.



4. Tap on **Enable Restrictions**.



5. Type in a **passcode**. You'll remember for when you need to disable restrictions again. (This can and should be completely different from your Lock screen passcode.) Make sure you note it down somewhere — if you forget the passcode, you'll have to erase your device and set it up from scratch.

Parental Controls, also known as Restrictions, allow you to set what your children can and can't access on an iPhone, iPod touch, or iPad. With Parental Controls, you can lock out Safari, Camera, FaceTime, Siri, AirDrop, CarPlay, the iTunes, iBooks, Podcasts, or App Stores (including in-app purchases), as well as content by age rating, and the ability to make changes to accounts and other app settings. In other words, they are a way to block your child's access to anything and everything you deem inappropriate for them based on their age and sensitivity, and your own best judgment.