

West Lakes Academy

Form mentoring

'I can learn anything I want to.'

'When I'm frustrated, I persevere.'

'When I fail, I learn.'



Name:	
Form:	



My evidence log

Growth mind-set & self-reflection

What evidence can I use to demonstrate that I am becoming a growth mind-set learner?

- You demonstrated resilience when completing a piece of learning.
- You thought about the different ways you could tackle a task or activity.
- You believed that if you continued putting effort into your learning you will eventually succeed.
- You thought about the process of learning when completing a task or activity.
- You decided to take a risk instead of choosing the easy option.
- You got out of your comfort zone and completed a task differently.
- You were not frightened to get something wrong.
- You were not frightened of failure.
- When you didn't understand the task you asked questions?
- When you didn't understand the task you found a solution.
- You continued to believe that you could always improve.

However, when writing your evidence into your log you must ensure that you are as specific as possible. You must give a specific example.

E.g.

In my Maths lesson on Monday 21st March I was given a task where I had to expand brackets. Even though at first I was not sure, I didn't simply give up, I asked my friend if they could explain the task to me again. Even

after this I was struggling, but I persevered and kept on trying. Eventually I understood what I had to do.

